

Liverpool High School Coach Spataro Softball Skills Clinics

ALL girls (Grades 4-12) in the Liverpool School District and Blue Reign Summer players are invited to attend softball skills improvement sessions at Liverpool High School in the small or large gymnasiums. **These sessions are free.**

Fast pitch pitching sessions: Tuesday's 7:00-8:30PM (for advanced, intermediate and beginning pitchers). Feb.10, 24 & Mar.3 **please bring your own catcher.**

Hitting sessions: Thursday's 6:30-8:00PM. Feb. 12, 26 & Mar.5

Fielding sessions: (infield and outfield): Saturday's 4:00-6:00PM Feb. 28 & Mar.7

Saturday's: Pitching is from 11:30-1:00, **Hitting** is from 1:00-2:30 Feb.28 & Mar.7

In addition - Strength, Speed, Agility and Conditioning: This is held every Monday, Wednesday and Thursday after school in the high school weight room from 2:30-4:00.

Our skill building sessions are open to any girl in grades 4-12 interested in playing softball.

Please take advantage of this opportunity to make yourself a better player and ultimately make Liverpool the best program in the state! All hitting, pitching and fielding sessions will be taught by Coach Spataro.

If school is closed due to weather, the session is also cancelled. If school is closed early because of weather, the session is also cancelled. Anytime after school activities are cancelled, so is the session for that night. If you have any questions regarding the cancellation of the softball skill session for that night or any questions in general about the program, please contact Nick Spataro at: 453-1500 ext. 4316(school), 430-5354(cell), and 622-2445 (home).

Also, you should be checking our website for up to date information on all softball related events. Our website address is: Liverpoolsoftball.com Our website has been developed so that we can get out information on all softball events so please check it continuously. Also, **please register on there so we have your name and email address in our database**

See you there!

Coach Spataro